

UPDATE: Filing for NBCC Credit Hours (as of May 2025)

Learning Objectives: Utilize “*action*” verbs

Analyze, apply, appraise, assess, classify, compare, contrast, create, critique, demonstrate, **describe**, design, develop, diagnose, differentiate, discuss, **distinguish**, evaluate, **explain**, formulate, hypothesize, identify, illustrate, interpret, list, manage, measure, organize, outline, predict, prepare, recognize, summarize, utilize, write

Example

Upon completion, participant will be able to:

1. *Explain the function of play.*
2. *Distinguish between directive and non-directive play therapy.*
3. *Describe at least four basic play therapy techniques.*

Content Areas: The education materials must be directly relevant to the program content and must reflect current information, research, and professional knowledge.

The relevant content area(s) listed below must be identifiable in the program learning objectives.

Counseling Theory/Practice and the Counseling Relationship- provide an advanced understanding of the counseling processes. Examples: <i>diagnosis and treatment, crisis intervention, counseling theories</i>	Human Growth and Development- the nature and needs of individuals at developmental levels and are relevant to professional counselors and the counseling profession. Examples: <i>information related to developmental crisis, disabilities, environmental factors that affect behavior</i>
Social and Cultural Foundations- issues and trends in a multicultural and diverse society that impact professional counselors and the counseling profession. Examples: <i>societal subgroups, major societal changes and trends, social justice</i>	Group Dynamics and Counseling- therapeutic group development, dynamics and counseling theories; and group counseling methods and skills. Examples: <i>group counseling theory, developmental stages, methods and skills</i>
Career Development and Counseling- career counseling, development and related life factors. Examples: <i>career/life planning and decision-making models, career counseling with specific communities and populations, life-work role transitions</i>	Assessment- assessment and evaluation in counseling practice. Examples: <i>diagnostic interviewing, new and existing assessments, indication/contraindication of commonly prescribed psychopharmacological medications</i>
Research and Program Evaluation- research methods, statistical analysis, needs assessment and evaluation, and ethical and legal considerations in research. Examples: <i>evaluation of research findings, statistics in research, development of measurable outcomes for counseling interventions</i>	Counselor Professional Identity and Practice Issues- various aspects of professional functioning as graduate-level counselors. Examples: <i>emerging issues in the counseling profession, counselor's role and function on an interdisciplinary team, ethical decision-making models directly related to counseling practice</i>
Wellness and Prevention- psycho-educational information for counselors to enhance their ability to promote optimal wellness related to client mental health. Examples: <i>complementary and alternative medicine (CAM), sleep hygiene, anger management</i>	**Please see the NBCC Continuing Education Provider Policy pgs. 6-10 for reference** https://nbcc.org/continuing_education_provider_policy.pdf

Event Description: Provide a content description that will be used on the promotional material/flyer and the event landing page (Overview Tab) within the Continuing Education Management System. In addition to the brief description of content, this information should include information related to the program design.

Example:

This is an introductory workshop that will provide foundational information regarding the power of play and its use in a therapeutic context. The presenter will utilize lecture and experiential exercises to support the learning objectives and facilitate learning.

PLEASE NOTE: Please review the following pages in the NBCC Provider Policy, (**F. Presenter Qualification Requirements**) that can be found on pgs. 5-6 to ensure the presenter you've selected meets the qualifications for the topic area they will present.

https://nbcc.org/continuing_education_provider_policy.pdf