

# Innovations to Test and Protect Hearing

## 28 October 2021

### 1420 – 1520 (ET)

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# Stephanie J. Karch, Au.D., Ph.D., C.C.C.-A.



Stephanie Karch, Ph.D., Au.D. is a research audiologist at the Naval Submarine Medical Research Laboratory (NSMRL) and works as a principal investigator on the Regional Hearing Conservation Program of Record. In this role, she investigates the prevention of auditory injury (e.g., hearing loss, tinnitus) among service members. Specifically, she studies the effect of training and verification of hearing protection in the field, clinic, and laboratory; and the effect of hearing protection on auditory function (e.g., situational awareness, speech intelligibility, and localization). A graduate in audiology from Gallaudet University, Dr. Karch has over seven years of doctoral level experience in military medical research, having served in Navy and Army medical research laboratories. Previous to her work at NSMRL, she characterized the vestibular function of military aviators, and investigated the comorbidity of auditory injuries and mild traumatic brain injuries. Dr. Karch also holds the American Speech Language Hearing Association's Certificate of Clinical Competence in Audiology (C.C.C.-A.).

# Devon Kulinski, Au.D.



Devon Kulinski, Au.D. has supported Department of Defense (DoD) auditory research for the last seven years as a post-graduate research assistant at the Naval Submarine Medical Research Laboratory (NSMRL) and as a doctoral student at National Center for Rehabilitative Auditory Research (NCRAR). He is currently providing contract support as a research audiologist affiliated with Walter Reed National Military Medical Center (WRNMMC). His primary areas of support include the development of tablet-based fit-test systems for hearing protection devices, assessment of military hearing health education programs, and the measurement of acute auditory effects of blast exposure on active duty military personnel.



# Disclosures



- Dr. Kulinski has no relevant financial or non-financial relationships to disclose relating to the content of this activity.
- The views expressed in this presentation are those of the author and do not necessarily reflect the official policy or position of the Department of Defense, nor the U.S. Government.
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# Disclosures



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- This work presents results from numerous studies.
  - The study protocol NSMRL.2018.0004 was approved by the Naval Submarine Medical Research Laboratory Institutional Review Board in compliance with all applicable federal regulations governing the protection of human subjects.
  - All other reported study protocols were reviewed by the Naval Submarine Medical Research Laboratory Institutional Review Board in compliance with all applicable Federal regulations governing the protection of human subjects and was determined to not be human subject research.
- This work described herein is/was supported by the U.S. Navy Bureau of Medicine and Surgery funding work unit F1016.
- *Approved for public release: distribution unlimited.*

# Innovations to Test and Protect Hearing: Hearing Protection Device Fit-Testing

**Stephanie J. Karch, Au.D., Ph.D., C.C.C.-A.**



# Learning Objectives



At the conclusion of this activity, participants will be able to:

1. Define Hearing Protection Device (HPD) fit-testing.
2. Describe the different HPD fit-test methods, along with the pros/cons of each.
3. Explain the effect of the total number of frequencies used has on the time and accuracy of test results.
4. Discuss the utility of boothless audiometry in a hearing conservation clinic.
5. Identify how boothless audiometry can increase readiness and reduce referrals.





# The Naval Submarine Medical Research Laboratory Team



*(Facebook/Naval Submarine Medical Research Laboratory, n.d.)*

- Dr. Jeremy Federman
  - Principal Investigator
- Mr. Derek Schwaller
  - Research Engineer
- Mr. Joshua Ginsberg
  - Research Associate
- Ms. Iram Qureshi
  - Biostatistician

# Hearing Protection Device (HPD) Fit-testing, Defined



- HPD Fit-testing measures the individual attenuation achieved while wearing a given earplug or earmuff.
- The fit-test system calculates the personal attenuation rating (PAR), an individualized value of the total amount of attenuation achieved.
- Typically this is accomplished by taking two measures:
  - With the HPD donned (i.e., occluded)
  - Without the HPD donned or doffed (i.e., unoccluded)
- PARs are not static!
  - They can vary over time (including the same day) with different types of HPDs, and after training

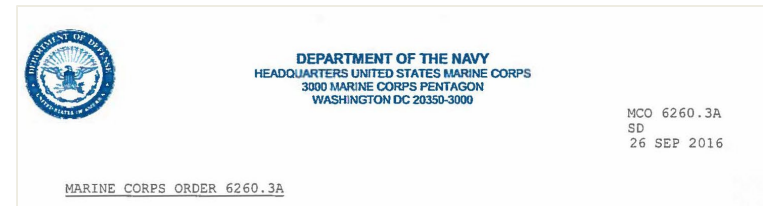
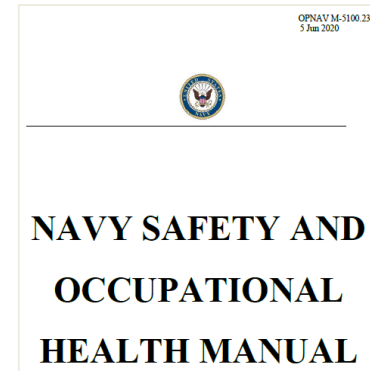


*Like photographs, PARs capture a moment in time.*

# But why?

## ■ HP Checks can be used to:

- Train the user
- Train the trainer
- Validate HPD fit
- Document achievable attenuation with issued HPDs
- Aid in the selection of appropriate and adequate HPDs
- Identify persons who require an alternate size or design



# Test Methods Vary



(Photo courtesy of Joshua Ginsberg)

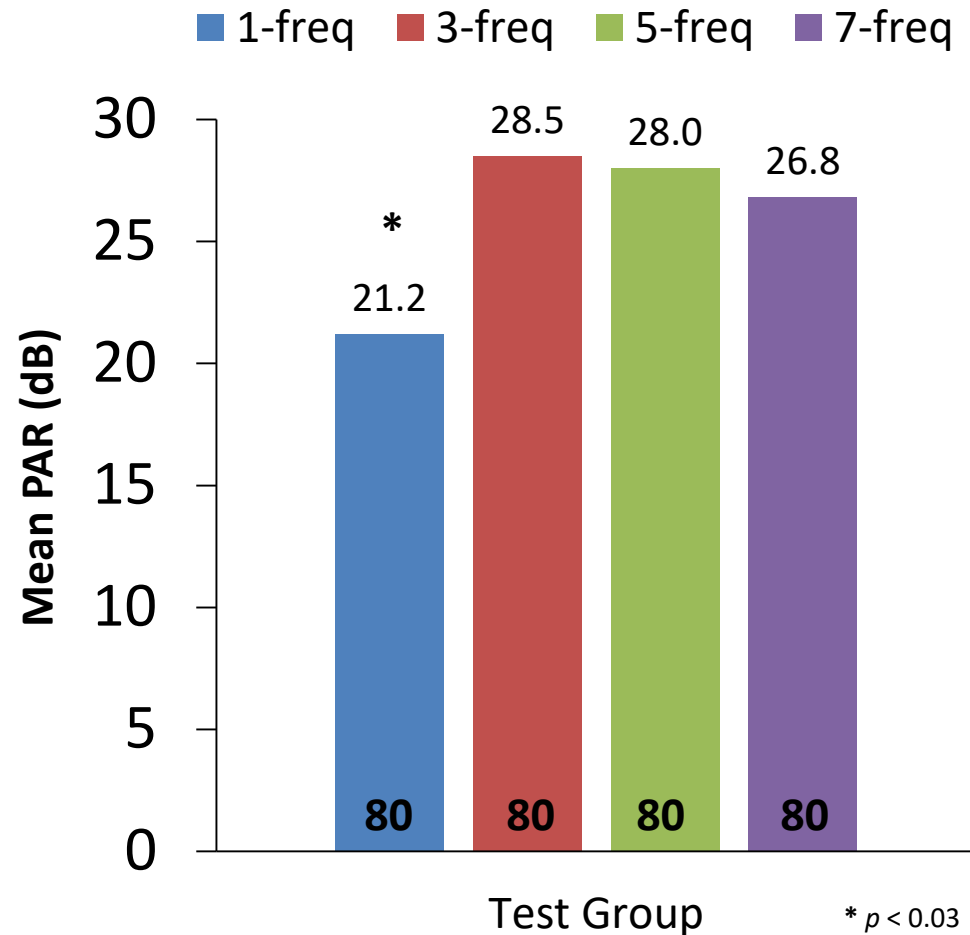
- Commercial off the shelf HPD fit-test systems will use one of three test methods:
  - Real Ear Attenuation at Threshold (REAT) – like\*
    - Békésy tracking method
    - Earplugs only
  - Alternating Binaural Loudness Balance (ABLB)
    - Don one earplug at a time, adjust the loudness until noise is perceived to be the same across ears
    - Earplugs only
  - Microphone-in-Real-Ear (MIRE)
    - Earplugs or Earmuffs
    - Uses surrogate earplugs and probe microphones

# One, Three, or More: The Effect of Total Number of Tested Frequencies (freq) on PAR<sup>1</sup>



	0.25	0.5	1	2	3	4	8
1-freq		X					
3-freq		X	X	X			
5-freq	X	X	X	X		X	
7-freq	X	X	X	X	X	X	X

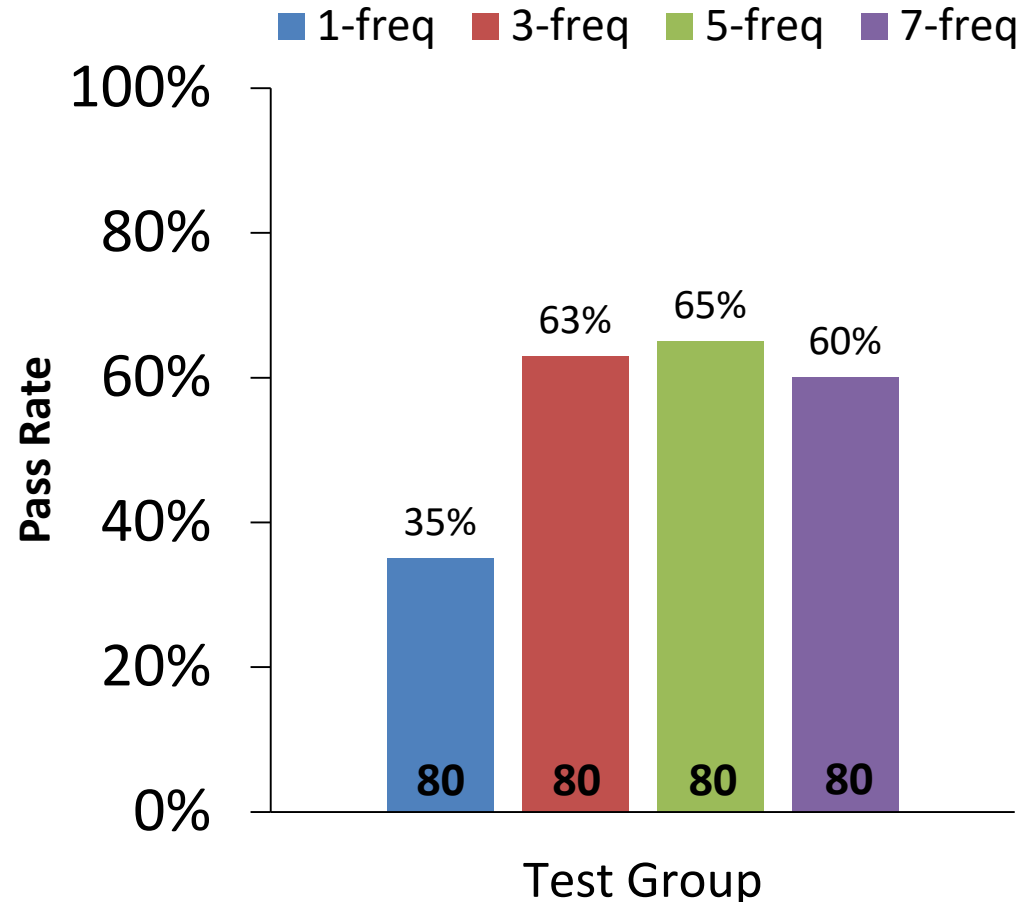
Note: Frequencies are displayed in kilohertz (kHz).



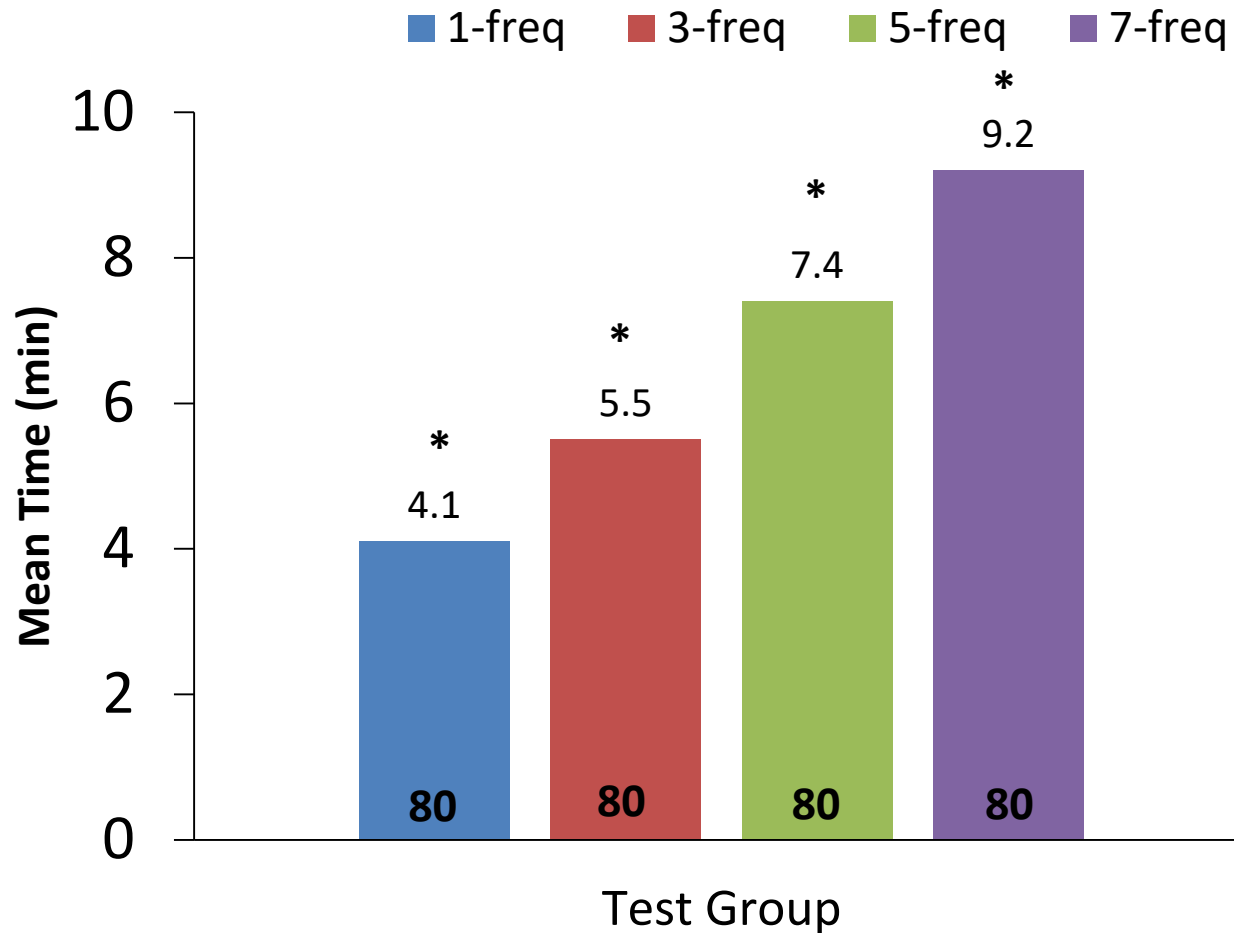
# One, Three, or More: The Effect of Total Number of Tested Freq on pass rate<sup>1</sup>



- Pass rate refers to the total number of individuals who achieved the minimum target PAR
- In this data set, the minimum target PAR was 25 dB attenuation.



# One, Three, or More: The Effect of Total Number of Tested Freq on time<sup>1</sup>



\*  $p < 0.01$

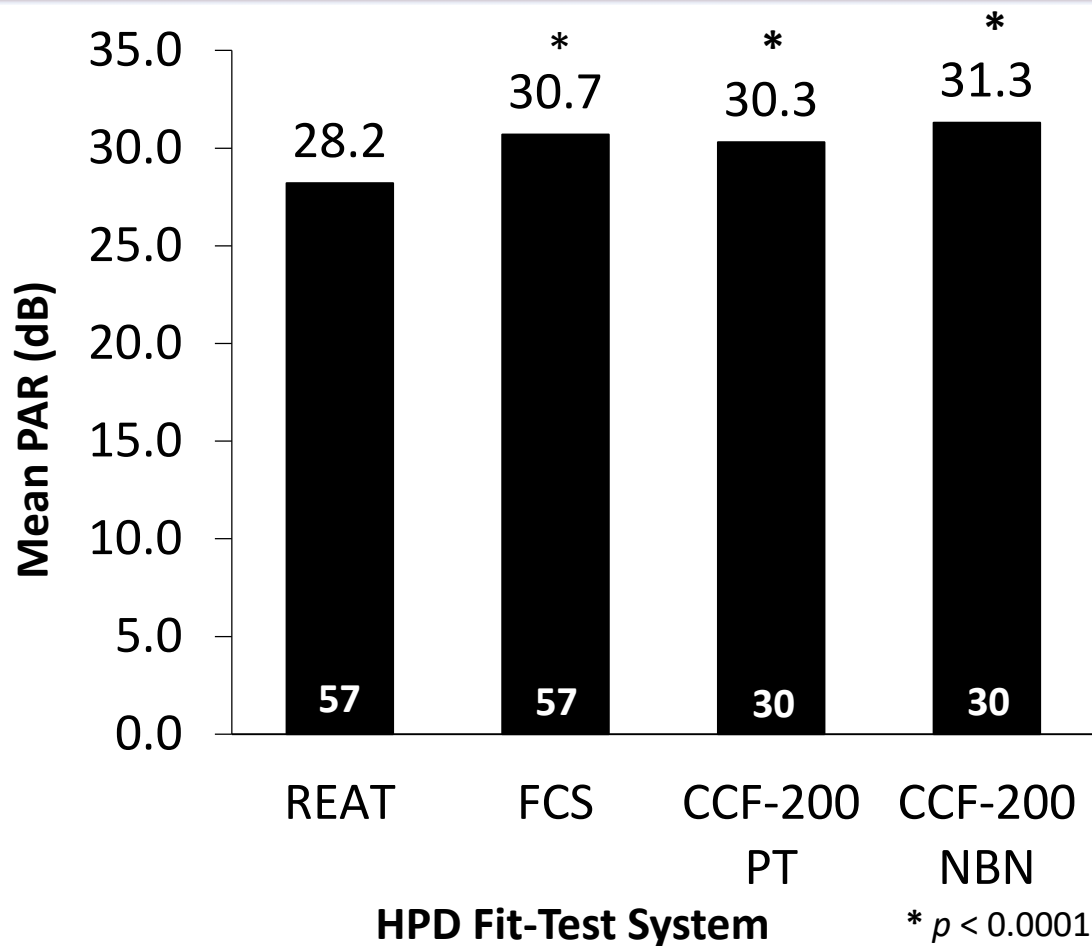
# One Ear or Two... what to do?



- Varies by test system and intent of the tester (e.g., clinician/safety officer, industrial hygienist)
- The gold standard method to test HPD attenuation (i.e., REAT testing) is to test both ears simultaneously.
- Why consider single ear testing?
  - ❑ Calculated PAR for the right and left ears independently
  - ❑ Identify which ear(s) requires an alternate size earplug or HPD design
  - ❑ Asymmetric hearing thresholds at one or more test frequencies
- Single ear testing will take longer than testing both ears simultaneously.



# Does the test system influence the PAR?<sup>2</sup>

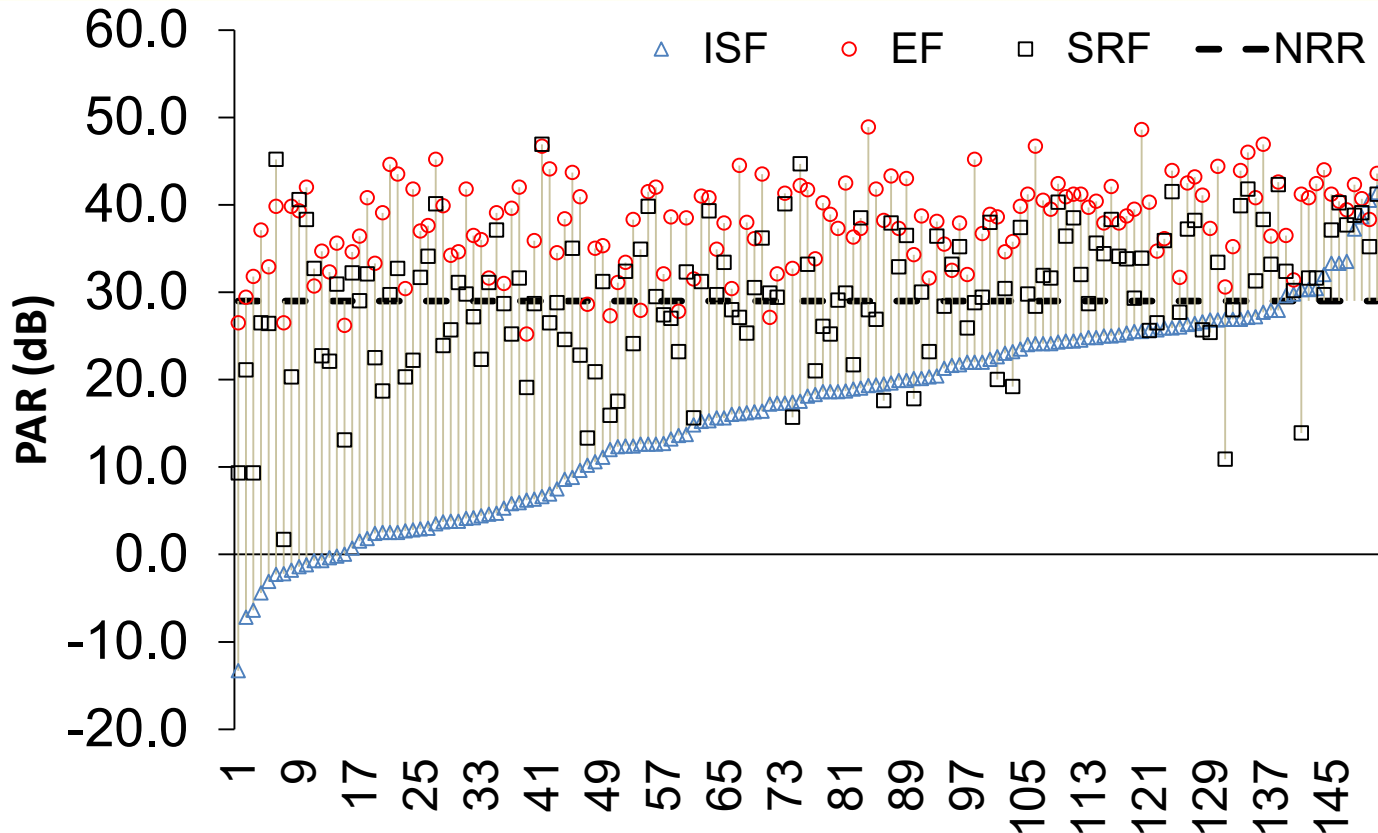


■ While statistically different, the mean PAR across test methods is approx. 3 dB, and therefore not clinically/operationally significant.

■ *Note.*

- REAT: Real Ear Attenuation at Threshold
- FCS: FitCheck Solo™
- CCF-200: Computer Controlled Fit-tester
- PT: pure tone
- NBN: narrow band noise

# PARs Document What is Achieved

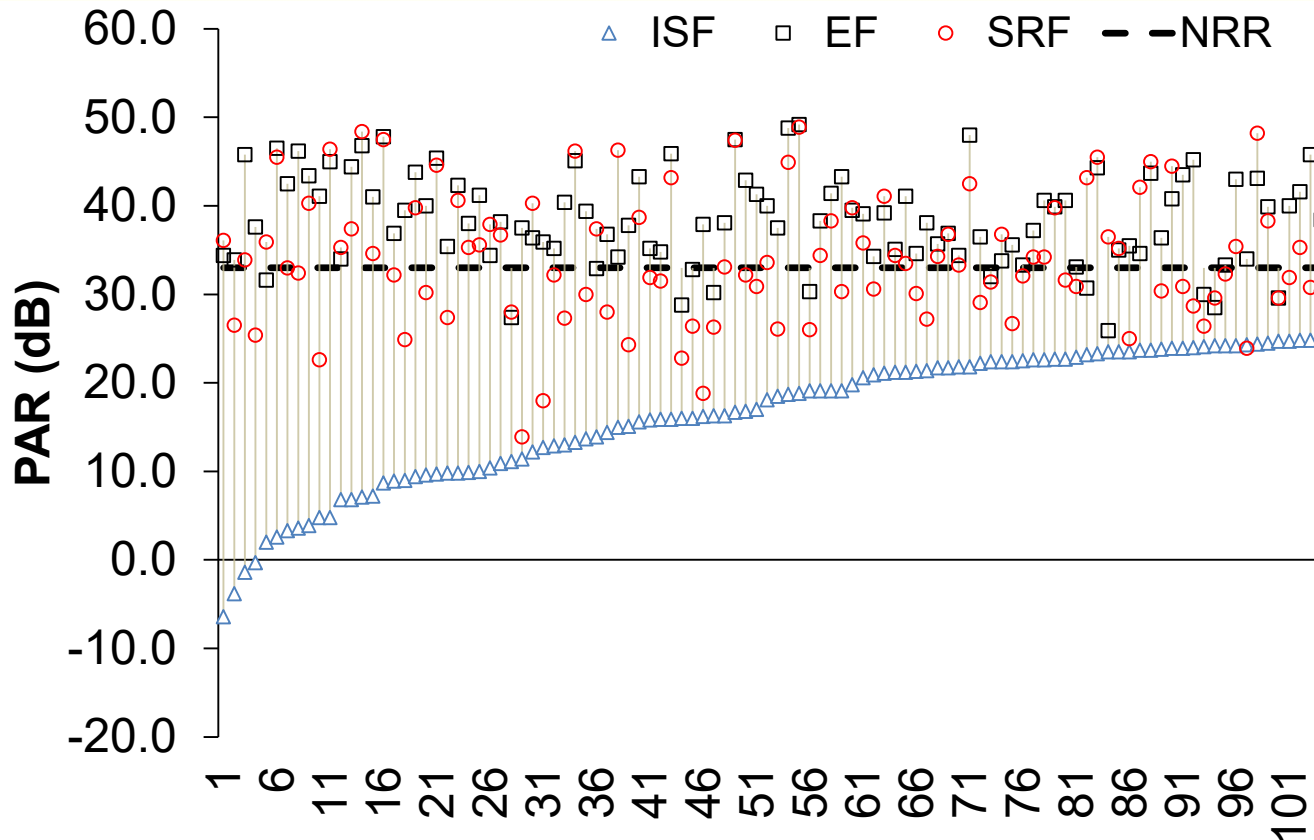


ISF – Initial Self-Fit  
 EF – Expert Fit  
 SRF – Self Re-Fit  
 NRR – Noise Reduction Rating

Experiential HPD (eHPD) Fit-Training Method (n = 151).<sup>3</sup>

Note: The HPD tested is a cylindrical foam earplug with a NRR of 29 dB.

# PARs Document What is Achieved



**ISF** – Initial Self-Fit  
**EF** – Expert Fit  
**SRF** – Self Re-Fit  
**NRR** – Noise Reduction Rating

eHPD Fit-Training Method (n = 105).<sup>4</sup>

Note: The HPD tested is a tapered foam earplug with a NRR of 33 dB.

# Calculating Effective Exposure: De-rating vs. PAR



HPD (NRR)	De-rating 50% <sup>5</sup>	Pre-Training PAR of 16.0	Post-eHPD Fit-Training PAR of 29.6
Foam Earplug (33 dB)	87.6	84.6	71.0
Foam Earplug (33 dB) + Earmuff (30 dB)	73.3	--	--

Note. The 8-hr TWA is 100.6 dBA.

- To calculate the effective exposure, the following formulas were used:

- Single HPD:

- $\underline{De-rating} = TWA \text{ dBA} - [(NRR - 7) * 0.5];$
    - $\underline{PAR} = TWA \text{ dBA} - PAR$

- Double HPD:

- $\underline{De-rating} = TWA \text{ dBA} - [((NRR - 7) + 5) * 0.5]$

- Verifying earplug fit via HPD fit-testing results in the identification that **the earplug alone provides sufficient protection** for the employee's work environment.

# Innovations to Test and Protect Hearing: Using Boothless Audiometry in the Clinic (and out) to Enhance Hearing Readiness

**Devon Kulinski, Au.D.**



***"Medically Ready Force...Ready Medical Force"***

# Learning Objectives



At the conclusion of this activity, participants will be able to:

1. Describe the utility of boothless audiometry in a hearing conservation clinic
2. Discuss how boothless audiometry can increase readiness
3. Explain how boothless audiometry can reduce referrals

# Hearing Conservation Programs (HCPs)



DoD INSTRUCTION 6055.12

HEARING CONSERVATION PROGRAM (HCP)

(U.S. Department of Defense, 2019)

“Policy is written in order to protect all military personnel and noise-exposed civilian personnel from hearing loss resulting from hazardous occupational and operational noise.”

## HCP Procedures

- Noise measurement and analysis
- Noise abatement
- Personal hearing protectors
- Hearing Health Education
- **Audiometric monitoring**
  - **Reference and annual testing**
  - **Defense Occupational and Environmental Health Readiness System – Hearing Conservation (DOEHRS-HC)**
- Others: Written plan, implementation, recordkeeping, program evaluation

# Defense Occupational and Environmental Health Readiness System – Hearing Conservation (DOEHRS-HC)



HEARING CONSERVATION DATA												1. ZIP CODE/APO/FFPO/PAS			
(This form is subject to the Privacy Act of 1974 – use Blanket PAS – DD Form 2005)															
2. DOD COMPONENT						3. SERVICE COMPONENT									
A – Army		F – Air Force		C – Coast Guard		R – REGULAR		G – NATIONAL GUARD							
N – Navy		M – Marine Corps		1 – Other		V – RESERVE		1 – OTHER							
4. SOCIAL SECURITY NUMBER				5. NAME (Last, First, Middle Initial)				6. DATE OF BIRTH				7. SEX			
												M – MALE F – FEMALE			
8. PAY GRADE UNIFORM SERVICE			9. PAY GRADE CIVILIAN			10. SERVICE DUTY OCCUPATION CODE			11. MAILING ADDRESS OF ASSIGNMENT W00129						
						25B									
12. LOCATION – PLACE OF WORK						13. MAJOR COMMAND			14. DUTY TELEPHONE (include area code)						
15. AUDIOMETRY		a. PURPOSE		1 – 90 DAY		2 – ANNUAL		3 – TERMINATION		4 – OTHER					
AUDIOMETRIC DATA															
RE: ANSI S3.6 – 1999															
		500		1000		2000		3000		4000		6000			
		LEFT		RIGHT											
b. CURRENT AUDIOGRAM		10M		5M		5M		35M		35M		25M			
DATE: 26-MAR-2021															
c. REFERENCE AUDIOGRAM		10M		10M		10M		20M		20M		15M			
DATE: L: 21-MAR-2018															
R: 21-MAR-2018															
d. SIGNIFICANT THRESHOLD SHIFT (STS)		e. THRESHOLD SHIFT		-5		-5		15		15		10			
L: 1 – NO		----->										20			
R: 2 – YES												5			
												5			
f. REMARKS (Include Exposure Data)						g. TYPE OF PERSONAL HEARING PROTECTION USED									
Steady Noise Exp (TWA dBA): Not Entered, Impulse Noise Exp (dBp): Not Entered, H-1, Other HPD: Other, HPD Fit Today, Health Ed Prov, Tinnitus.						1 – SINGLE FLANGE (V5-1R)						4 – EAR CANAL CAPS		6 – OTHER	
						2 – TRIPLE FLANGE						5 – NOISE MUFFS		7 – NONE	
						3 – HAND FORMED EARPLUG									



<https://www.dvidshub.net/image/6480243/audiology>

- All SMs enrolled in Hearing Conservation Program require annual hearing tests
- DOEHRs-HC: Collects, maintains, compares and reports hearing conservation, hearing readiness and deployment data for Department of Defense personnel
- Typically performed in multi-person booths (up to 8 SMs) with automated test
- COVID-19 had a significant impact on the ability for hearing conservation clinics to maintain hearing readiness
  - ❑ Army Hearing Program (AHP) best practice guidelines (TA 538-0520) to reduce community transmission
  - ❑ Resulting in significant backlog of personnel needing annual hearing exam

***“Medically Ready Force...Ready Medical Force”***



# Hearing Readiness Classification



HEARING CLASSIFICATION	INFORMATION SUMMARY
Hearing Readiness Class 1	Soldier's unaided hearing is within H-1 standards for both ears (IAW AR 40-501). Annual audiogram (DD Form 2216 or DD Form 2215) within 12 months.
Hearing Readiness Class 2	Soldier has DD Form 2215 or 2216 within 12 months. Soldier's unaided hearing is within H-2 or H-3 standards (IAW AR 40-501). H-2 and H-3 Soldiers must have a documented permanent hearing profile entered in e-Profile (DA Form 3349) and MEDPROS Web Data Entry (MWDE). H-2 Soldiers must have a complete audiological evaluation on record. H-3 Soldiers must have a complete audiological evaluation and Speech Recognition in Noise Test (SPRINT) on record. H-3 Soldiers must have completed a MAR2. If required, Soldier has prescribed hearing aid(s) and 6 month supply of batteries on hand.
Hearing Readiness Class 3	<p>Soldier has DD Form 2215 or 2216 within 12 months and unaided hearing is within H-2 or H-3 standards.</p> <ul style="list-style-type: none"> <li>• HRC 3A – Complete audiological evaluation has not been completed</li> <li>• HRC 3B – e-Profile (DA Form 3349) and MWDE not complete</li> <li>• HRC 3C – MAR2 not complete</li> <li>• HRC 3D – Does not meet standards with hearing aid</li> <li>• HRC 3E – Soldier meets HRC 2 standards, but does not have required hearing aid(s) and 6 month supply of batteries on hand</li> </ul>
Hearing Readiness Class 4	<p>Soldier has not received a DOEHRs-HC audiogram within 12 months, or received DOEHRs-HC audiogram but requires a follow-up test.</p> <ul style="list-style-type: none"> <li>• HRC 4A – Soldier's most recent audiogram is more than 12 months old</li> <li>• HRC 4B – Audiogram within 12 months, however, STS identified and follow-up hearing test is required</li> <li>• HRC 4C – Soldier demonstrated a STS and did not complete follow-up testing within 90 days of the periodic hearing test</li> </ul>

# Hearing Readiness during COVID-19



**HRC 3 Goal:** Green:  $\leq 1\%$ , Amber: 1.1 - 2.4%, Red:  $\geq 2.5\%$



**HRC 4 Goal:** Green:  $\leq 6\%$ , Amber: 6.1 - 7.4%, Red:  $\geq 7.5\%$



Peak HRC-4 of **14.6%** in July 2020

- target is  $< 6\%$
- pre-pandemic was  $\sim 5\%$

	APR 2020	MAY 2020	JUN 2020	JUL 2020	AUG 2020	SEP 2020	OCT 2020	NOV 2020	DEC 2020	JAN 2021	FEB 2021	MAR 2021
Compo 1 (AC) - Percent Not Hearing Ready - HRC 3	0.66%	0.65%	0.65%	0.66%	0.68%	0.7%	0.72%	0.72%	0.74%	0.73%	0.75%	0.76%
Compo 1 (AC) - Percent Not Medically Ready	9.96%	11.74%	12.61%	14.59%	13.22%	12.58%	11.9%	11.46%	11.72%	11.02%	10.82%	9.43%

***“Medically Ready Force...Ready Medical Force”***

# The Coronavirus Aid, Relief, and Economic Security (CARES) Act Funding



## RHC-Atlantic

Region	Location	Total Positions	Onboard	In Progress	Candidate Needed
RHC-A	Aberdeen Proving Ground	3	3	-	-
RHC-A	Aberdeen Proving Ground - Edgewood	1	1	-	-
RHC-A	Carlisle Barracks	1	1	-	-
RHC-A	Fort Campbell	4	3	-	1
RHC-A	Fort Detrick	1	1	-	-
RHC-A	Fort Jackson	2	2	-	-
RHC-A	Fort Knox	1	1	-	-
RHC-A	Fort McNair	1	-	1	-
RHC-A	Fort Meade	1	1	-	-
RHC-A	Fort Myer	1	1	-	-
RHC-A	Fort Stewart	2	1	-	1
RHC-A	Letterkenny AD	1	-	1	-
RHC-A	New Cumberland	1	1	-	-
	<b>TOTAL</b>	<b>20</b>	<b>17 (85%)</b>	<b>2 (10%)</b>	<b>2 (10%)</b>

## RHC-Pacific

Region	Location	Total Positions	Onboard	In Progress	Candidate Needed
RHC-P	TAMC	1	-	1	-
	<b>TOTAL</b>	<b>1</b>	<b>0 (0%)</b>	<b>1 (100%)</b>	<b>0 (0%)</b>

**38 tech positions across 28 locations**

## RHC-Central

Region	Location	Total Positions	Onboard	In Progress	Candidate Needed
RHC-C	Fort Bliss	3	3	-	-
RHC-C	Fort Hood	2	2	-	-
RHC-C	Fort Huachuca	1	1	-	-
RHC-C	Fort Irwin	1	1	-	-
RHC-C	Fort Leonard Wood	1	-	1	-
RHC-C	Fort Polk	2	-	2	-
RHC-C	Fort Sam Houston	1	1	-	-
	<b>TOTAL</b>	<b>11</b>	<b>8 (73%)</b>	<b>3 (27%)</b>	<b>0 (0%)</b>

## RHC-Europe

Region	Location	Total Positions	Onboard	In Progress	Candidate Needed
RHC-E	USAG Baumholder	1	1	-	-
RHC-E	USAG Grafenwoehr	1	1	-	-
RHC-E	USAG Hohenfels	1	1	-	-
RHC-E	USAG Kleber	1	1	-	-
RHC-E	USAG Wiesbaden	1	1	-	-
RHC-E	USAG Vicenza	1	1	-	-
	<b>TOTAL</b>	<b>6 (100%)</b>	<b>6 (100%)</b>	<b>0 (0%)</b>	<b>0 (0%)</b>

***“Medically Ready Force...Ready Medical Force”***

# Boothless audiometry benefits



- In the context of a pandemic, boothless audiometry enables testing to be completed at accelerated rates in many ways improved from the standard booth:
  - (1) permitting social distancing practices during testing (i.e., 6+ feet of separation)
  - (2) keeping personnel out of confined spaces where air exchange rates may be limited
  - (3) increasing the number of personnel who can be tested simultaneously by a single hearing technician
  - (4) eliminating the need for SMs to travel to a centralized location in order to complete annual hearing test requirements.

# “WAHTS SOP” Development (Wireless Automated Hearing Test System)



## ■ Scope of Practice needed for a DOEHS-HC equivalent test to augment Army Hearing Readiness during COVID-19 response and recovery

### 1. Development of custom protocol

- reflect Benson-CCA (Computer Controlled Audiometer) 200 specs

### 2. Guidance on test environment

- Maximum Permissible Ambient Noise Levels (MPANL), Calibrations

### 3. Test administration and advanced features

- Test Battery, automated masking, additional HCON features



### APPENDIX A: Maximum Permissible Ambient Noise Levels (MPANL) for testing using the Wireless Automated Hearing Testing System

Unless otherwise specified, all measurements reflect dBZ – SPL (Unweighted)

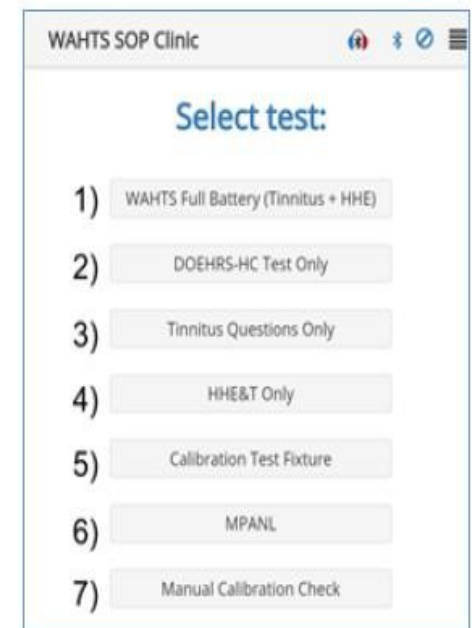
Category	500 Hz	1000 Hz	2000 Hz	4000 Hz	8000 Hz
GREEN	≤59.8	≤63.2	≤63.4	≤70	≤73.3
AMBER	59.7 – 67.4	63.3 – 71.8	63.5 – 71.6	70.1 – 78	73.4 – 80.5
RED	≥67.5	≥71.9	≥71.7	≥78.1	≥80.6

If using a sound level meter without octave band analysis capability:	
MPANL will not exceed:	
≤33 dBZ SPL	27 dBA
≤54 – 72 dBZ SPL	≤28 – 32 dBA
> 73 dBZ SPL	> 33 dBA

MPANL for testing using the WAHTS System (measured with Type II SLM with no octave band analysis available)

<https://www.edareinc.com/edare/wireless-automated-hearing-test-system-wahts/>, n.d.)

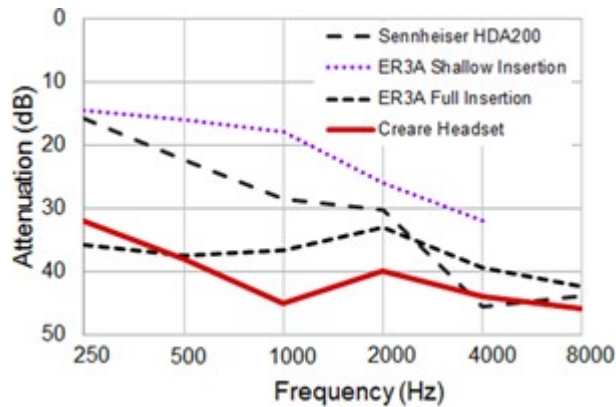


# 1. Development of custom protocol

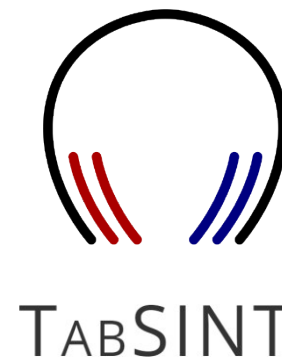
## Wireless Automated Hearing Test System (WAHTS)



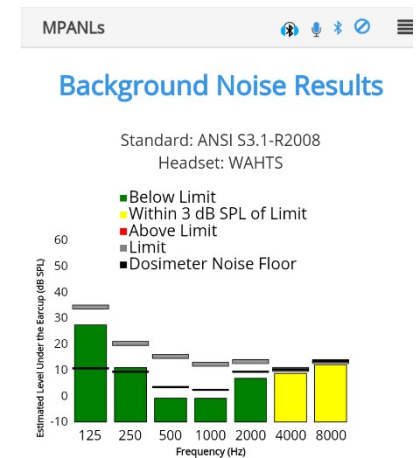
Meinke (2017)  
<https://www.unco.edu/news/articles/hearing-testing-technology-easy-low-cost-audiology.aspx>



<https://svantek.com/products/sv-104-personal-noise-dosimeter/>



Shapiro (2019)  
<https://tabsint.org/>



# 2. Guidance on test environment

## Maximum Permissible Ambient Noise Levels (MPANLs)



Unless otherwise specified, all measurements reflect dBZ – SPL (Unweighted)

Category	500 Hz	1000 Hz	2000 Hz	4000 Hz	8000 Hz
GREEN	≤59.6	≤63.2	≤63.4	≤70	≤73.3
AMBER	59.7 – 67.4	63.3 – 71.8	63.5 – 71.6	70.1 – 78	73.4 – 80.5
RED	≥67.5	≥71.9	≥71.7	≥78.1	≥80.6

MPANL for testing using the WAHTS System (measured with Type II SLM with no octave band analysis available)	If using a sound level meter without octave band analysis capability:	
	MPANL will not exceed:	
	≤53 <u>dBZ</u> SPL	27 dBA
	≥54 – 72 <u>dBZ</u> SPL	≥28 – 32 dBA
> 73 <u>dBZ</u> SPL	> 33 dBA	

**Guidance for Type I/II SLMs with octave band analysis**

**Guidance for Type II SLMs without octave band analysis**

### MEASURED SOUND LEVEL

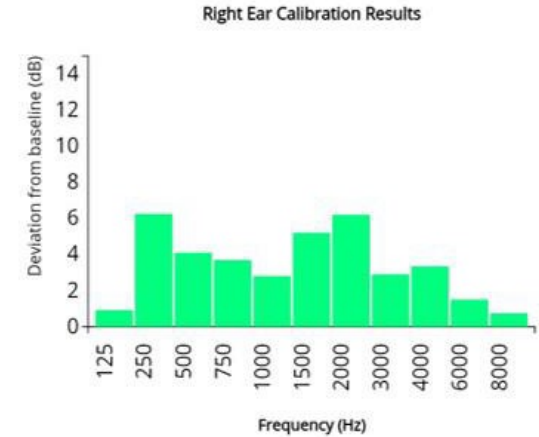
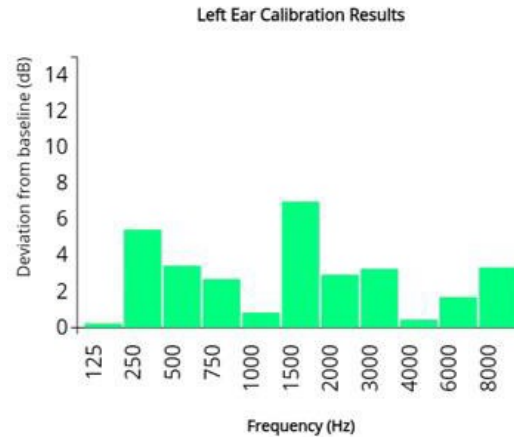
Overall level	500 Hz	1000 Hz	2000 Hz	4000 Hz	8000 Hz

**Technician will measure ambient noise and record on template**

Sound levels are: GREEN      AMBER      RED

# 2. Guidance on test environment

## Daily Calibration



Calibration Results Table

Frequency (kHz)	0.5	1	2	3	4	6	8
Left (dB)	-3	0	-2	-3	0	-1	-3
Right (dB)	-4	2	-6	-2	-3	-1	0



BIOLOGICAL AUDIOMETER CALIBRATION CHECK												
<b>1. AUDIOMETER</b>												
a. MANUFACTURER			b. MODEL		c. SERIAL NUMBER		d. LAST ELECTROACOUSTIC CALIBRATION DATE (YYYYMMDD)					
<b>2. LISTENER</b>												
a. NAME (Last, First, Middle Initial)					b. FACILITY			c. LOCATION				
<b>3. DATES AND DATA REVIEW</b>												
DATE (YYYYMMDD) a.		NAME OF EXAMINER (Last, First, Middle Initial) b.			CALIBRATION CHECK c.		<b>4. HEARING THRESHOLD LEVELS OF TEST FREQUENCIES</b> RE: ANSI S3.6 - 1989					
					PASS: $\pm$ 5dB of Baseline (1)		LEFT EARPHONE (1)		RIGHT EARPHONE (2)			
					FAIL: greater than $\pm$ 5dB of Baseline (2)		500 1000 2000 3000 4000 6000		500 1000 2000 3000 4000 6000			
							a. BASELINE					
							b. PERIODIC BIOLOGICAL CALIBRATION CHECKS					



# 3. Test Administration & Advanced Features



WAHTS SOP Clinic 🔊 🔗 🔄 ☰

## Select test:

- 1) WAHTS Full Battery (Tinnitus + HHE)
- 2) DOEHRS-HC Test Only
- 3) Tinnitus Questions Only
- 4) HHE&T Only
- 5) Calibration Test Fixture
- 6) MPANL
- 7) Manual Calibration Check

WAHTS SOP Results 🔗 📶 ☰

## Result Table

	Left (dB HL)					
FREQ	500 Hz	1000 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz
THRES H	0	10	5	-5	5	25

	Right (dB HL)					
FREQ	500 Hz	1000 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz
THRES H	0	10	5	5	60	85

Enhanced Screening Score  
1/Y1/48.4/9/3/0

# Interfacing with DOEHRS-HC Data Repository



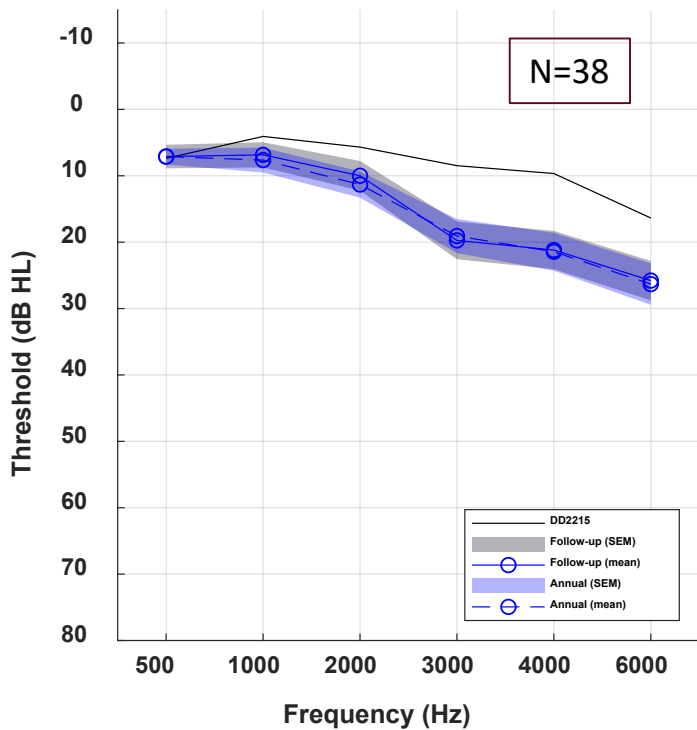
- Audiometric results are manually transposed from the tablet Results Table into the medical encounter in DOEHRS-HC Data Repository
- The DOEHRS-HC software automatically calculates against reference audiogram of record (DD2215) to determine:
  - Significant Threshold Shifts (STS) \*most common
    - $\geq 10$  dB difference @ 2, 3, 4 kHz
  - Other reasons for referral (contralateral masking, tinnitus, other medical referral)
- WAHTS never used to re-establish baseline
  - SMs will need to return for testing with standard DOERHS-HC testing or manual audiometry performed by audiologist to confirm any change in hearing reported by WAHTS

# WAHTS vs DOEHRS-HC Follow-up

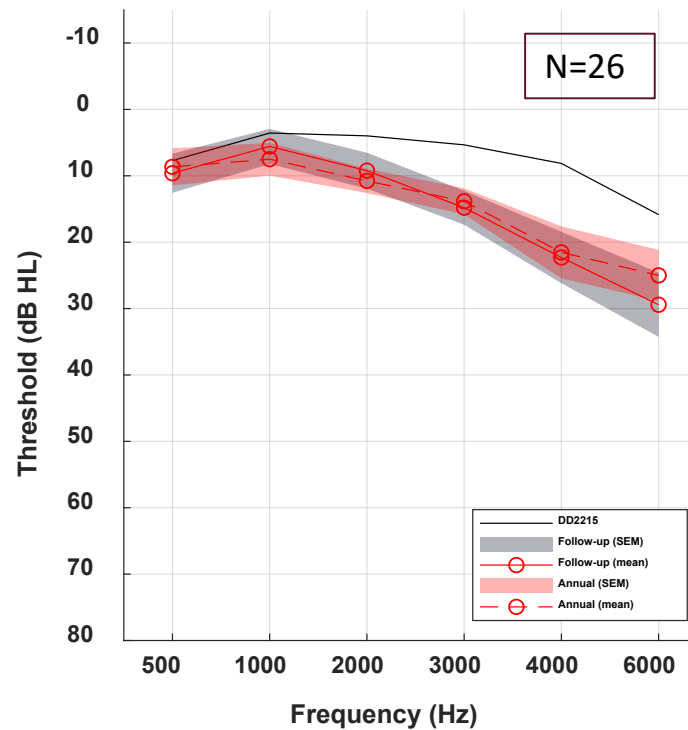


Data collected between March – June 2021

Left Audio Comparison



Right Audio Comparison



SMs identified with Positive STS (via WAHTS) referred for follow-up testing with standard DOEHRS-HC procedure (CCA-200)

# Positive STS Comparison



## WAHTS<sub>(annual)</sub> vs CCA (f/u1)

Frequency (kHz)	.5	1	2	3	4	6	All
<b>Difference (dB HL)</b>							
Mean difference (dB HL)	-0.40	1.90	2.80	-2.60	-1.90	-2.40	-0.43
Standard deviation (dB HL)	5.33	5.97	6.78	6.64	9.09	8.76	7.10
<b>Absolute differences (dB HL)</b>							
Mean absolute difference	3.80	4.50	5.80	5.20	6.30	7.20	5.47
Standard deviation	3.72	4.32	4.45	4.84	6.76	5.46	4.92

Table 1: Differences between WAHTS (annual test) and CCA-200 (follow-up) threshold estimates

## CCA (annual) vs CCA (f/u1)

Frequency (kHz)	.5	1	2	3	4	6	All
<b>Difference (dB HL)</b>							
Mean difference (dB HL)	-0.19	1.11	1.67	1.02	1.20	-0.83	0.66
Standard deviation (dB HL)	7.07	4.73	8.74	9.59	9.41	9.85	8.23
<b>Absolute differences (dB HL)</b>							
Mean absolute difference	4.81	2.78	6.11	6.39	6.94	6.94	5.66
Standard deviation	5.13	3.97	6.42	7.17	6.40	6.97	6.01

Table 2: Differences between CCA-200 (annual test) and CCA-200 (follow-up) threshold estimates

# Positive STS Rate (JUN – SEP 2019)

## Ft. Meade MEDDAC



DOEHRS-HC Data Repository		Positive Significant Threshold Shift by Zip/PAS/UIC Jun-01-2019 to Sep-30-2019																		16-Sep-2021	
Selected ZIPPASUIC(s): 20755 - Ft Meade - Army																					
Testing Inst. Name - Zip/PAS/UIC	Person DoD	N w/Periodic	N w/STS on Periodic	N TTS	N PTS	N Reestab DD 2215	N No F/U 1 Test	N No F/U 2 Test	N F/U 1 w/STS Resolved	N F/U 2 w/STS Resolved	N New Cases w/STS	% w/STS on Periodic	% TTS	% PTS	% Re-estab DD 2215	% No Test on F/u1	% No Test on F/u2	% STS Resolved on F/u1	% STS Resolved on F/u2	% New Cases w/STS	% New Cases Total
<b>Military &amp; Civilian</b>																					
<b>Ft Meade - 20755</b>																					
Air Force		55	10	3	7	5	2	2	2	1	5	18.18%	5.45%	12.73%	166.67%	20.00%	33.33%	20.00%	16.67%	50.00%	9.09%
Army		1,601	94	54	40	14	25	0	46	8	19	5.87%	3.37%	2.50%	93.33%	26.60%	0.00%	48.94%	34.78%	20.21%	1.19%
Marine Corps		147	6	3	3	2	1	0	3	0	3	4.08%	2.04%	2.04%	100.00%	16.67%	0.00%	50.00%	0.00%	50.00%	2.04%
Navy		124	10	6	4	1	3	0	6	0	1	8.06%	4.84%	3.23%	100.00%	30.00%	0.00%	60.00%	0.00%	10.00%	0.81%
Other		8	0	0	0	0	0	0	0	0	0	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
		1	0	0	0	0	0	0	0	0	0	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
<b>Totals: Ft Meade - 20755</b>		1,936	120	66	54	22	31	2	57	9	28	6.20%	3.41%	2.79%	104.76%	25.83%	6.25%	47.50%	28.12%	23.33%	1.45%
<b>Grand Totals:</b>		1,936	120	66	54	22	31	2	57	9	28	6.20%	3.41%	2.79%	104.76%	25.83%	6.25%	47.50%	28.12%	23.33%	1.45%

***“Medically Ready Force...Ready Medical Force”***

# Positive STS Rate (JUN – SEP 2021)

## Ft. Meade MEDDAC



DOEHRHS-HC Data Repository		Positive Significant Threshold Shift by Zip/PAS/UIC Jun-01-2021 to Sep-30-2021																		16-Sep-2021	
Selected ZIPPASUIC(s): 20755 - Ft Meade - Army																					
Testing Inst. Name - Zip/PAS/UIC	Person DoD	N w/Periodic	N w/STS on Periodic	N TTS	N PTS	N Reestab DD 2215	N No F/U 1 Test	N No F/U 2 Test	N F/U 1 w/STS Resolved	N F/U 2 w/STS Resolved	N New Cases w/STS	% w/STS on Periodic	% TTS	% PTS	% Re-estab DD 2215	% No Test on F/u1	% No Test on F/u2	% STS Resolved on F/u1	% STS Resolved on F/u2	% New Cases w/STS	% New Cases Total
<b>Military &amp; Civilian</b>																					
<b>Ft Meade - 20755</b>																					
Air Force		40	4	0	4	0	4	0	0	0	3	10.00%	0.00%	10.00%	0.00%	100.00%	0.00%	0.00%	0.00%	75.00%	7.50%
Army		809	41	0	41	0	41	0	0	0	31	5.07%	0.00%	5.07%	0.00%	100.00%	0.00%	0.00%	0.00%	75.61%	3.83%
Marine Corps		116	5	0	5	0	5	0	0	0	4	4.31%	0.00%	4.31%	0.00%	100.00%	0.00%	0.00%	0.00%	80.00%	3.45%
Navy		126	7	0	7	0	7	0	0	0	6	5.56%	0.00%	5.56%	0.00%	100.00%	0.00%	0.00%	0.00%	85.71%	4.76%
Other		2	1	0	1	0	1	0	0	0	1	50.00%	0.00%	50.00%	0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	50.00%
<b>Totals: Ft Meade - 20755</b>		1,093	58	0	58	0	58	0	0	0	45	5.31%	0.00%	5.31%	0.00%	100.00%	0.00%	0.00%	0.00%	77.59%	4.12%
<b>Grand Totals:</b>		1,093	58	0	58	0	58	0	0	0	45	5.31%	0.00%	5.31%	0.00%	100.00%	0.00%	0.00%	0.00%	77.59%	4.12%

***“Medically Ready Force...Ready Medical Force”***

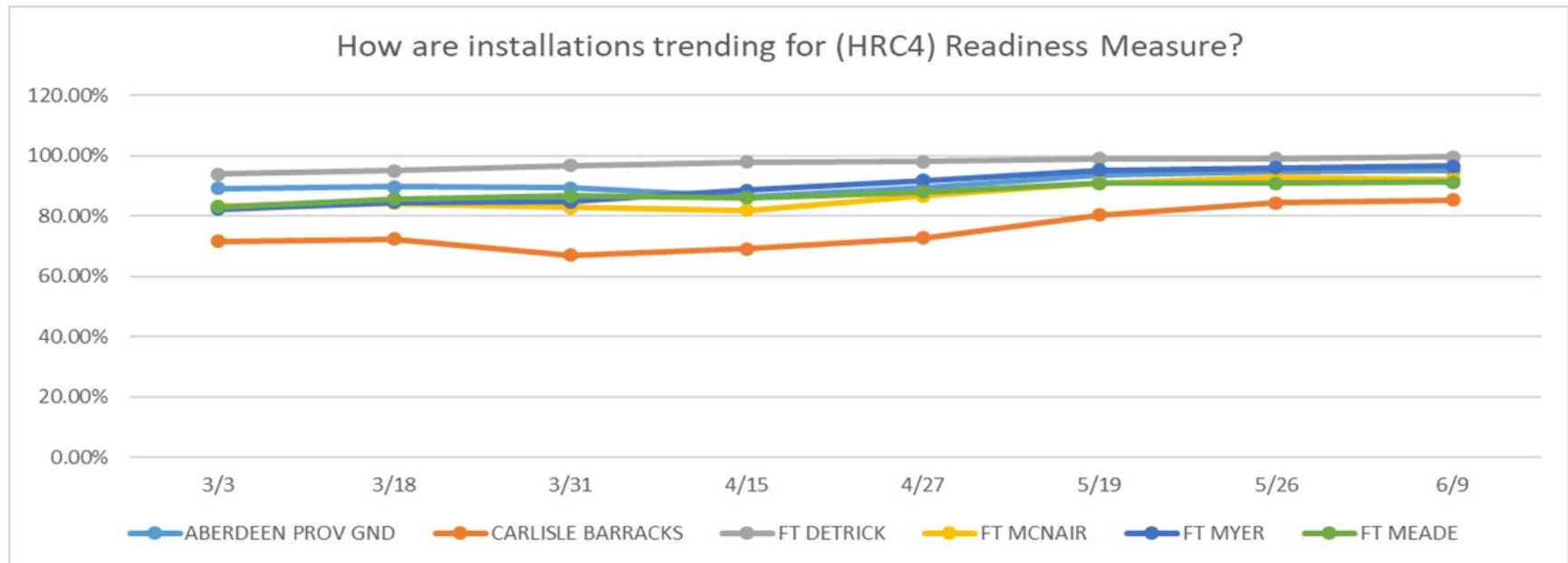
# KACC Construction Brings Opportunity



Boothless Hearing Conservation Clinic held at Ft. Meade's McGill Training Center  
Photo: Victoria Bugtong, AuD

- Construction required Ft. Meade HCON to be shut down from June – October 2021
- Boothless audiometry allowed for continued compliance/throughput
- Additional portability to bring hearing testing “to the unit”
- What if boothless audiometry was not an option?

# MEDDAC Hearing Readiness Improving Due to WAHTS & Dedicated HCON Technicians





# Additional Capability: Leveraging WAHTS to Reduce Referrals



- Advanced Medical Technology Initiative (AMTI) Grant
  - “Addressing Masking Referrals from DOEHRS-HC with Boothless Audiometry Technology”
  
- The objectives of this project are to:
  - Evaluate the use of boothless audiometry to automatically measure masked thresholds at DoD Hearing Conservation sites and reduce clinical referrals for contralateral masking.
  - Determine the need for clinical referrals for tinnitus evaluation using an enhanced tinnitus screening protocol administered via tablet to SMs reporting they are bothered “a little” or “a lot” in response to the current DOEHRS-HC tinnitus question.

# Reducing Referrals



## Automated Masking

- Development of automated masking feature with WAHTS
- **Phase 1:** each SM requiring masking will receive an automated masked audiogram using WAHTS and manual masked audiogram from DoD audiologist
- Phase 2: implement validated automated assessment and calculate return of investment (ROI).

## Tinnitus

- Additional tinnitus screening question according to Hearing Center of Excellence (HCE) “Tinnitus Question Response Guidance”
- Responses trigger administration of Tinnitus Functional Index (TFI) And Tinnitus and Hearing Survey (THS) on tablet
- Outcome metrics from questionnaire will determine correlations between tinnitus screening response and management recommendations.

# Hearing Health Education & Training



HHE&T

Being exposed to hazardous noise when not using hearing protection devices ("earpro") can cause which of the following:

- A. Permanent damage to the inner ear
- B. A ruptured eardrum
- C. Temporary or permanent changes in hearing and tinnitus
- D. All of the above

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HHE&T

D. All of the above

Noise exposure without hearing protection can result in permanent damage to the inner ear. Exposure to blast can result in a ruptured eardrum or damage to the bones in the middle ear. Exposure to hazardous noise also can cause ringing, buzzing, or roaring noise in the ears. Exposure to noise can temporarily change your hearing, and repeated exposure over time may cause permanent hearing damage

*"If you can't hear, it makes life real challenging."*  
- MG Robert F. Hedlund, USMC

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# Key Takeaways



- HPD fit-testing can be used to measure the amount of attenuation achieved with the tested HPD and fitting condition.
- HPD fit-testing should not replace HPD fit-training. If anything it should be used in conjunction.
- The PAR value provides an objective measure of HPD fit, which can inform if the HPD is appropriate for the employee's work environment.
- Annual audiometric monitoring is a key element of maintaining a hearing ready force and helps to identify early changes in hearing.
- Utilization of boothless audiometry during this public health crisis has been successful to meet the mission in maintaining a medical ready force.
- Innovations as a direct result from this endeavor highlight several improvements in comparison to current standards of care that should be considered for permanent inclusion in DoD Hearing Conservation.

# Acknowledgements



## ■ Army Public Health Center (APHC)

- LTC Andy Merkley (Army Hearing Program Manager)
- Mr. Benjamin Sheffield (Auditory Research Engineer)
- Dr. LaGuinn Sherlock (Research Audiologist)
- Mr. John Bugay (Audiology Technician)
- Ms. Stephanie Bullock (Audiology Technician)

## ■ Walter Reed National Military Medical Center (WRNMMC)

- Dr. Doug Brungart (Chief Scientist, Audiology and Speech Pathology Center)
- LTC Deepa Hariprasad (Director, Audiology and Speech Pathology Center)
- Dr. Devon Kulinski (Research Audiologist)
- Dr. Jaclyn Schurman (Research Audiologist)
- Ms. Rebecca Holtzman (Research Program Manager)
- Ms. Anisa Swann (Research Assistant)

## Ft. Meade (Kimbrough)

- Dr. Victoria Bugtong (Chief, Audiology and Hearing Conservation)
- Dr. Michele Spencer (Audiologist)
- LTC Christopher Caldwell (Chief of Vision and Hearing)
- Ms. Laura Pomeroy (Audiology Technician)

## Office of The Surgeon General / Defense Health Headquarters (OTSG)

- COL Amy Blank (Audiology Consultant, Deputy Chief of Staff for Public Health)

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# Questions?

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