



Defense Health Agency (DHA) Clinical Communities Speaker Series

Resource List – July 2020

Health Innovations and Promising Practices

The Use of the Behavioral Health Data Portal (BHDP) for Clinical Outcome Monitoring and Clinical Implications

The [BHDP Electronic Screening: Coming to a Medical Home Near You](#) article provides information on the U.S. Army's use of the BDHP web application. The application allows for improved symptom assessment and clinical outcome tracking. Clinics are able to assess patients' symptoms in an efficient manner and track the symptoms over time. The screening process with BHDP takes approximately five minutes to complete and has the potential to improve health outcomes for a large group of patients. Use of this portal requires training and practice to optimize workflow however, the time spent using the electronic screening process will result in providers being able to better assess and treat their patients while affording the opportunity to spend additional time with them.

The Harvard Business Review published [How the U.S. Army Personalized Its Mental Health Care](#). This article discusses how the BHDP system has allowed the Army to develop new ways of examining patients and how the data collected improves the quality of care. Data on outcomes from the BHDP can be used to develop a comprehensive picture of a health system's performance and enables a better understanding of the progression of diseases. The data in the BHDP is captured in a Health Insurance Portability and Accountability Act (HIPAA)-compliant manner and allows clinicians to immediate access to the patient reported data.

The U.S Department of Veterans Affairs, Department of Defense (DoD) and the Department of Health and Human Services coordinated to produce the [Interagency Task Force on Military and Veterans Mental Health](#) report. This report outlines the continuing efforts to improve mental health treatment and programs for Veterans, Service members and their families. A case study on BHDP implementation in Military Treatment Facilities is included. The DoD utilizes the data from the BDHP to collect standardized assessment and clinical outcome data across the military services and treatment locations.

The Substance Abuse and Mental Health Services Administration (SAMSHA) offers a [Substance Abuse and Mental Health Data Archive \(SAMHDA\)](#). This public resource is funded by the Center for Behavioral Health Statistics and Quality (CBHSQ) and SAMSHA. This site offers easy access to substance abuse and mental health data for analyses. SAMHDA provides links to publications, data files, questionnaires, codebooks as well as data sets related to substance abuse and mental health at no cost to the user. The public-use data archive requires no user permission and should be cited appropriately if information is referenced in publications or presentations.



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References

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Srinivasan, J., Brown, M.D., Ivany, C.G., Woodson, J. (2016). How the U.S. Army Personalized Its Mental Health Care. *Harvard Business Review*. <https://hbr.org/2016/12/how-the-u-s-army-personalized-its-mental-health-care>

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