



**Defense Health Agency (DHA) Clinical Communities Speaker Series
Review of Current Trends and Best Practices in Primary Care**

Cardiovascular Health and Transgender Patients: Considerations for Primary Care Practitioners

Resource List – May 2020

[The Centers for Disease Control and Prevention \(CDC\)](#) created an information and resource page for the transgender community. This page includes briefs from the University Of California San Francisco Center Of Excellence for Transgender Health, resources for health care providers and other public health professionals to inform them about the administration of transgender health care. More importantly additional resources to inform transgender persons about their rights and recommendations for what is most important for transgender people to discuss with their health care provider. This information filled page includes additional resources for transgender youth and tips on how to manage other challenges that may impact their community.

[The Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) offers several adjunct clinical tools for behavioral health and primary care providers to administer effective substance abuse and mental health services to Lesbian, Gay, Bi-sexual and Transgender people. Among the other stellar resources available on this site is a free online training to improve patient-provider communication sponsored by the Health Resources and Services Administration (HRSA).

[The Agency for Healthcare Research and Quality \(AHRQ\)](#) is striving to improve cultural competence and reduce health disparities. This resource page was created after a careful examination of existing health care systems, and the clinical interventions within those systems in order to improve culturally appropriate health care for people with disabilities; lesbian, gay, bisexual, and transgender (LGBT) populations; and racial/ethnic minority populations.

[The National Academy of Medicine](#) published a Discussion Paper in an effort to increase an understanding of health disparities within oppressed populations. This papers aim is to encourage the implementation of evidence-based research within the oppressed communities while examining the ways in which a person's multiple identities and social positions are embedded within systems of inequality.



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References

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