



Live In-Person Activity

American Red Cross Basic Life Support (BLS) Course

COURSE OVERVIEW

The American Red Cross Basic Life Support (BLS) course provides participants with the knowledge and skills they need to assess, recognize and care for patients who are experiencing respiratory arrest, cardiac arrest, airway obstruction or opioid overdose. When a patient experiences a life-threatening emergency, healthcare providers need to act swiftly and promptly. The course emphasizes providing high-quality care and integrating psychomotor skills with critical thinking and problem solving to achieve the best possible patient outcomes.

LEARNING OBJECTIVES

1. Apply concepts of effective teamwork when caring for a patient experiencing a life-threatening emergency.
2. Integrate communication, critical-thinking and problem-solving skills during a high-performance BLS team response.
3. Apply a systematic, continuous approach to assess, recognize and care for adults, children and infants experiencing a life-threatening emergency.
4. Perform a rapid assessment for responsive and unresponsive adults, children and infants.
5. Effectively care for adults, children and infants in respiratory arrest.
6. State the principles of high-quality CPR for adults, children and infants.
7. Identify BLS differences among adults, children and infants.
8. Provide high-quality chest compressions for adults, children and infants.
9. Deliver effective ventilations to adults, children and infants using a pocket mask and bag-valve-mask (BVM) resuscitator.
10. Demonstrate effective use of an automated external defibrillator (AED) for adults, children and infants.
11. Provide high-quality BLS care for adults, children and infants in single- and multiple-provider situations.
12. Deliver effective abdominal thrusts, back blows and chest thrusts for adults, children and infants with airway obstruction.
13. State the principles of care for a patient experiencing an opioid overdose.

TARGET AUDIENCE: Physicians (ACCME), Physician Assistants (AAPA), Nurses (ANCC), and other health care professionals.

Earn Up to 5.0 Continuing Education (CE) Credits or Certificate of Attendance

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@mail.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.