

## **Live In-Person Activity**

## American Red Cross Advanced Life Support (ALS) Course

Starting December 11, 2019

## **COURSE OVERVIEW**

The American Red Cross Advanced Life Support (ALS) Course provides participants with the knowledge and skills they need to assess, recognize and care for patients who are experiencing a respiratory emergency, shock or a cardiac emergency. The course emphasizes providing high-quality patient care by integrating psychomotor skills, rhythm interpretation, electrical interventions and pharmacologic knowledge with critical thinking and problem solving to achieve the best possible outcomes.

## **LEARNING OBJECTIVES**

- 1. Demonstrate high-quality basic life support (BLS) skills, including high-quality chest compressions, effective ventilations and use of an AED.
- 2. Apply concepts of effective teamwork when caring for a patient experiencing a cardiovascular, cerebrovascular or respiratory emergency.
- 3. Integrate advanced communication, critical-thinking and problem-solving skills when responding as part of a team to a cardiovascular, cerebrovascular or respiratory emergency.
- 4. Apply a systematic, continuous approach to assess, recognize and care for an adult experiencing a cardiovascular, cerebrovascular or respiratory emergency.
- 5. Effectively assess, recognize and care for an adult experiencing respiratory or cardiac arrest.
- 6. Quickly recognize the nature of a cardiovascular, cerebrovascular or respiratory emergency.
- 7. Provide effective and appropriate advanced life support care to address a cardiovascular, cerebrovascular or respiratory emergency.
- 8. Provide effective and appropriate care after a return of spontaneous circulation (ROSC) during a resuscitation effort.

TARGET AUDIENCE: Physicians (ACCME), Physician Assistants (AAPA), Nurses (ANCC), and other health care professionals.

Earn Up to 10.0 Continuing Education (CE) Credits or Certificate of Attendance

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@mail.mil

**Participation Costs:**