



Defense Health Agency, J-7, Continuing Education Program Office

Clinical Communities Speaker Series:

Exploring Evidence-Based Practices in Modern Medicine Primary Care

24 June 2021

0745-1625 (ET)

Purpose

The Defense Health Agency (DHA), J-7, Continuing Education Program Office (CEPO) Clinical Communities Speaker Series (CCSS) events are designed to address the professional practice gaps of our learners in order to improve the care that our healthcare professionals deliver. These educational series are intended to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense (DoD), several government agencies, academic partners, and other civilian experts for recruitment of academic subject matter experts, clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience provided to our participants. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

Target Audience

This activity is designed to meet the educational needs of Physicians, Physician Assistants, Nurses, Pharmacists, Pharmacy Technicians, Optometrists, Dentists, Dental Hygienists, Dental Technicians, Social Workers, Psychologists, Registered Dietitians, Dietetic Technicians, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Kinesiotherapists, Healthcare Executives, Speech Language Pathologists and Audiologists. A certificate of attendance is available for other health care professionals who support/care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans and their families.

Program Overview

The topics covered offer Continuing Education (CE)/Continuing Medical Education (CME) accredited content to all health care providers and support the full range of military operations in order to sustain the health of all those entrusted to DHA's medical care. The event will:

- Instruct health care providers on successful implementation of relevant evidence-based and best practice strategies for the health care team.
- Demonstrate how learning new skills will improve overall readiness, health outcomes, and possibly reduce unnecessary costs.
- Engage learners in specific training and case vignettes for the application of acquired skills in instilling the importance of applying improvements in the collaborative team approach, which results in positively impacting patient care.

This event will highlight current evidence-based practices, recommendations, initiatives and ethical considerations related to primary care. The DHA, J-7, CEPO has identified subject matter experts in ethics, research, academia and patient care from Georgetown University Medical Center, the DHA Clinical Communities, the DHA Hearing Center of Excellence, the Department of Defense Medical Ethics Center, Veterans Affairs, and National Institutes of Health. The educational intent of this event is to improve the practice, skills, and knowledge of health care providers across the Military Health System (MHS).

This CE/CME activity is provided through DHA, J-7, CEPO and is approved for a maximum total of 6.5 CE/CME credits.

Program Agenda

Time (ET)	Titles/Speakers	Educational Objectives (If Applicable)
0745-0750	<p>Welcome Remarks</p> <p>Lolita T. O'Donnell, Ph.D., M.S.N., R.N. Division Chief, Leadership Education Analysis Development Sustainment (LEADS) Division Academic Superintendent, Continuing Education Program Office (CEPO), J-7, Education and Training (E&T) Directorate Defense Health Agency (DHA) Falls Church, Va.</p>	-
0750-0755	<p>Opening Remarks</p> <p>Army Col. Timothy L. Switaj, M.D., M.B.A., M.H.A., C.M.Q., C.P.P.S., F.A.C.H.E., F.A.A.F.P. Market Assistant Director for Clinical Operations and Chief Medical Officer San Antonio Military Health System Chair, DHA Patient-Centered Medical Home Advisory Board San Antonio</p>	-
	<p>Moderator</p> <p>Julie Kinn, Ph.D. Lead, Patient Safety Solutions, Clinical Quality Management Clinical Support Division, Medical Affairs, DHA Falls Church, Va.</p>	-
0755-0855	<p>Medical Review and Application of Asthma Clinical Practice Guideline</p> <p>Navy Capt. Harlan Dorey, M.D. Senior Medical Officer, General Pediatrics Branch Health Clinic Iwakuni, Japan Chair, Primary Care Clinical Community, DHA Falls Church, Va.</p>	<ol style="list-style-type: none"> 1. Describe the different classifications of asthma. 2. Explain how different classifications dictate treatment. 3. Evaluate the importance of asthma action plans and ensure they are part of the treatment and education regimen. 4. Identify when to refer asthma patients to a specialist.
0855-0905	Break	
0905-1005	<p>Epidemic within the Pandemic: Battling Obesity in a COVID-19 Climate</p> <p>Navy Capt. Gordon Wisbach, M.D., M.B.A., F.A.C.S. Chair and Navy Lead DHA Surgical Services Clinical Community San Diego</p> <p>Stéphanie B. Mayer, M.D., M.H.Sc. Associate Professor, Virginia Commonwealth University Division of Endocrinology and Metabolism, Hunter Holmes McGuire Veteran Affairs (VA) Medical Center Richmond, Va.</p>	<ol style="list-style-type: none"> 1. Examine your patients struggling with obesity from a new perspective. 2. Select medications that promote weight LOSS versus GAIN. 3. Identify patients who qualify for a medication for weight loss and Comprehensive Lifestyle intervention (CLI), and who qualifies for bariatric surgery and CLI.
1005-1015	Break	

Time (ET)	Titles/Speakers	Educational Objectives (If Applicable)
1015-1145	<p><i>Practice Considerations When Triaging Patients With Hearing and Balance Symptoms</i></p> <p>Carlos Esquivel, M.D., F.A.C.S., F.A.A.O.A. Acting Division Chief, Hearing Center of Excellence (HCE) Otolaryngologist (ENT)/Neurotology Wilford Hall Ambulatory Surgical Center Lackland Air Force Base San Antonio</p> <p>Tara Zaugg, Au.D., C.C.C.-A. National Center for Rehabilitative Auditory Research VA Portland Health Care System Portland, Ore.</p> <p>Karen Lambert, P.T., D.P.T., N.C.S. Vestibular Program Manager Contractor, zCore Business Solutions Clinical Care Directorate, HCE, DHA Falls Church, Va.</p>	<ol style="list-style-type: none"> 1. Discuss Clinical Practice Guidelines related to Sudden Sensorineural Hearing Loss (SSNHL). 2. Describe implications of the HCE’s clinical study related to SSNHL. 3. Define SSNHL and recognize the clinical presentation of SSNHL. 4. Select appropriate referrals for a patient who reports tinnitus. 5. Identify the location of the International Classification of Diseases-10 (ICD-10) Coding guidance for vestibular disorders on the HCE website to use as a resource. 6. Summarize the purpose of the Vestibular Disorders ICD-10 Coding Guidance document. 7. Execute appropriate treatment and referral for patients with SSNHL, tinnitus and vestibular disorders.
1145-1155	Break	
1155-1255	<p><i>Personalizing Care Using Genomics – Opportunities and Challenges</i></p> <p>Robb Rowley, M.D. Program Director, Electronic Medical Records and Genomics (eMERGE), Division of Genomic Medicine, National Human Genome Research Institute, National Institutes of Health (NIH) Bethesda, Md.</p>	<ol style="list-style-type: none"> 1. Describe genomic medicine opportunities and challenges. 2. Explain how genomics can be used for clinical care: assessing risk, pharmacogenomics, undiagnosed disease, and somatic variation. 3. Summarize emerging concepts in genomics and how clinicians are needed for implementation.
1255-1355	Break	
1355-1455	<p><i>Cardiac Implications of COVID-19 and Return to Play Recommendations for Pediatric Populations</i></p> <p>Navy Lt. Movicque King, M.D., M.C. Senior Resident, Pediatric Cardiology Naval Medical Center Portsmouth (NMCP) Portsmouth, Va.</p>	<ol style="list-style-type: none"> 1. Describe unique presentations of SARS-CoV-2 in pediatric patients. 2. Explain known cardiac complications of COVID-19 in the pediatric population. 3. Summarize current American Academy of Pediatrics (AAP) recommendations on Return to Play after COVID-19 infection.
1455-1505	Break	
1505-1605	<p><i>Evidence, Evaluation, and Ethical Obligations: Looking at Evidence Based Medicine</i></p> <p>James Giordano, Ph.D., M.Phil. Chief, Neuroethics Studies Program Georgetown University Medical Center Washington, DC</p> <p>Joseph Procaccino, Jr., J.D., M.F.S. Legal Advisor, Department of Defense Medical Ethics Center Uniformed Services University (USU) Washington, DC</p>	<ol style="list-style-type: none"> 1. Define evidence-based medicine (EBM). 2. Differentiate EBM and “medicine-based evidence” (MBE). 3. Discuss the core criteria of any/all EBM/MBE. 4. Describe how EBM/MBE ethically enable the clinician. 5. Outline how EBM/MBE ethically empower the patient.
1605-1615	Break	

Time (ET)	Titles/Speakers	Educational Objectives (If Applicable)
1615-1625 ET	<p><i>Closing Remarks</i></p> <p>Air Force Brig. Gen. Anita Fligge, D.N.P., R.N., N.E.A.-B.C. Chief Nursing Office (CNO) Deputy Assistant Director (DAD), J-7 E&T Directorate Defense Health Agency (DHA) Falls Church, Va.</p>	-

This agenda is subject to change.

Continuing Education/Continuing Medical Education

This CE/CME activity is provided through the DHA, J-7, CEPO and is approved for a total of 6.5 CE/CMEs

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact us at dha.ncr.j7.mbx.continuing-education-office@mail.mil.