



# Advanced Pain Management Course

Tuesday, November 5, 2019, 8:00 a.m. — Thursday, November 7, 2019, 16:45 p.m.

Penrose House, 1661 Mesa Ave., Colorado Springs, CO



## TOPICS AND AGENDA

### Terminal Learning Objectives

1. Differentiate between acute and chronic pain diagnoses.
  2. Describe the biopsychosocial model of care related to chronic pain.
  3. Discuss chronic opioid and low back pain clinical practice guidelines.
  4. Identify which patients are candidates for surgery and/or radiology.
- The intent is to reduce inappropriate healthcare utilization while improving quality of care and patient outcomes.
5. Use motivational interviewing techniques to move patient toward health behavior change.
  6. Apply a team approach for chronic pain management and other various comorbidities.

### TARGET AUDIENCE/SCOPE OF PRACTICE

The intended audiences for this activity are military Primary Care Providers (MD, DO, PA, and NP), PharmD, Nurse Case Managers, Health Psychologists supporting Patient centered medical homes.

**Scope of Practice:** This targeted audience of providers treats our wounded warriors and are the first-line providers in managing patients who present with pain issues; they require a thorough understanding of pain management techniques and medical management. This activity will improve patient outcomes, knowledge level and use of alternative integrative pain management modalities, and should decrease the number of narcotics prescribed for pain within our military patients.

**This Continuing Education (CE) activity is provided through DHA J-7 CEPO is approved for a total of ?? CE Credits. Please note, CEs vary per course.**

To register, participate and complete post-test and evaluation, please visit the following link: <https://www.dhaj7cepo.com>

**You have 14 days after the course to complete the post-test and evaluation to earn your CE Certificate.**

For more information, please contact: [kimberly.a.mccoy-stafford.civ@mail.mil](mailto:kimberly.a.mccoy-stafford.civ@mail.mil) or [dha.ncr.j7.mbx.continuing-education-office@mail.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@mail.mil)

**Participation Costs:** There is no cost participation

**Cancellation Policy:** You will be notified via email if the activity is cancelled

**Commercial Support:** There is no known commercial support for this activity.